

## Clinical Genetics Outpatient Clinic

### Genetic counselling and clinical genetic testing

You have been referred to our Clinical Genetics outpatient clinic by your general practitioner, medical specialist or obstetric care provider. Generally, this is done for one of the following reasons:

- You are suspected to be genetically predisposed to a hereditary disease;
- You have a hereditary disease and/or a hereditary disease runs in your family;
- You wish to know whether you are at an increased risk of having children with a congenital and/or familial disease;
- You have received a 'family letter', because a hereditary disease runs in your family;
- You have a question regarding a certain hereditary disease that runs in your family.

You will find the Clinical Genetics outpatient clinic on Level 1 (**follow Route 6, Blue**).



### **Types of appointments and peripheral outpatient clinics**

We offer several types of appointments. Depending on the nature of your healthcare needs and where you live, you will be invited to see a doctor at Maastricht UMC+ or at one of the hospital's peripheral outpatient clinics in Veldhoven, Eindhoven, Sittard, Heerlen or Venlo, among other places.

#### **Appointment with a clinical geneticist**

During this meeting you will talk to a clinical geneticist or a trainee clinical geneticist supervised by a clinical geneticist.

#### **Combined appointment**

During a combined appointment, you will see both a clinical geneticist and a doctor who specialises in another field of medicine that is relevant to your particular situation.

#### **Appointment with a genetic consultant**

You will talk to the genetic consultant, who is supervised by a clinical geneticist.

### **How to prepare for your appointment**

The clinical geneticist and/or genetic consultant will discuss your questions and issues regarding hereditary diseases with you. Furthermore, your family tree will be mapped out. You may find it useful to collect the following information at home prior to your appointment:

- What size are the families making up your extended family, and what is their family composition like?
- Which members of your family suffer from the hereditary disease concerned?
- At what age did these family members experience the first symptoms of the disease?

We understand that you cannot provide us with information that is unknown to you or your family. In order to collect all the information we need, the clinical geneticist or another medical specialist may subject you to a medical examination.

If all the information shows that there are grounds to conduct a genetic test (DNA test), we will discuss the advantages and disadvantages of such a test with you.

DNA testing requires a blood sample. As soon as we receive the results of your test, we will contact you to discuss them with you. The findings will be recorded in writing.

# Patient information form

## Costs

- The fee charged for an appointment at our outpatient clinic is subject to national regulations. Be advised that this fee may be quite high, even if you are only having one meeting.
- The expenses associated with genetic counselling, DNA testing, medical examinations and screening tests are covered by your basic health insurance policy.
- The amount you will have to pay yourself will be determined by the amount of your deductible. Please note that you will always have to pay the amount of your deductible before your insurance provider will pay any of your remaining expenses.
- Invoices will be forwarded by Maastricht UMC+ on behalf of the person who was referred to us for genetic counselling.
- If a relative of yours undergoes a blood test (DNA testing), s/he will be invoiced himself/herself.
- If you live outside the Netherlands, please consult your health insurance policy document or contact your health insurance provider before scheduling an appointment. Be advised that genetic counselling is more expensive in the Netherlands than it is in Belgium, and that your health insurance provider will repay any expenses you incur based on Belgian price levels. Please note that a significant percentage of the costs may not be covered by your insurance.
- If you have any queries about your invoice, please do not hesitate to call Maastricht UMC+'s Accounting department at +31 (0)43 387 1515.

## Contact

If you still have any questions after reading this patient information form, please contact us.

Clinical Genetics Outpatient Clinic +31 (0)43 387 5855 (between 08.30 and 17.00)  
Fax +31 (0)43 387 1720  
Email address polikliniek.klinischegenetica@mumc.nl

## Websites

- [www.mumc.nl](http://www.mumc.nl)
- <https://www.mumc.nl/patienten-en-bezoekers/specialisme/klinische-genetica/over-klinische-genetica>
- [www.erfelijkheid.nl](http://www.erfelijkheid.nl)
- [www.nza.nl](http://www.nza.nl)

*Odin: 045689 / uitgave: oktober 2017*

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